FORM 4

14 Oak Park

Bedford

## U.S. SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

/ / CHECK BOX IF NO LONGER SUBJECT TO SECTION 16. FORM 4 OR FORM 5 OBLIGATIONS MAY CONTINUE. SEE INSTRUCTION 1(b).

Alsop, Joseph Wright

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

(City) USA	(State)	(Zip)	(Month/Year)  7. Individual or Joint/Group (Check applicable line)  X Form filed by one Reporting Person Form filed by more one Reporting Person IVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED								than
1. Title of Security (Instr. 3)		2. Trans- action Date (Month/ Day/ Year)			Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  Amount (A) or Price (D)			5. Amount curiti cially End of		6. Owner- ship Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of In- direct Benefi- cial Owner- ship (Instr. 4)
Common Stock		3/8/00	G	V	10,000	D				D	
Common Stock		12/22/00	М		20,300	А	\$4.7084			D	
Common Stock		12/28/00	G	V	33,444	D		78	8,246	D	
Common Stock		12/28/00	G	V	7,272(:	·			7,272	I	BY WIFE(2)
	is filed by more ort on a separate							directly or	indirectly		(Over)

(Print or Type Response)

1. Name and Address of Reporting Person\*

Alsop, Joseph Wright

Progress Software Corporation PRGS

(Last)

(First)

(Middle)

3. IRS Identification

Number of Reporting

Person, if an Entity

(Street)

(Voluntary)

(Street)

2. Issuer Name and Ticker or Trading Symbol

Frogress Software Corporation PRGS

Issuer (Check all applicable)

X Director

Number of Reporting

Month/Year

X Officer (give Other (Specify

12/31/00

12/31/00

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Date of Original -----

FORM 4 (CONTINUED)

TABLE II -- DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED (E.G., PUTS, CALLS, WARRANTS, OPTIONS, CONVERTIBLE SECURITIES)

1. Title of Derivative 2 Security (Instr. 3)	c. Conversion or Exercise Price of Derivative Security	action Date (Month/ Day/ Year)	4. Trans- action Code (Instr. 8)				cisab Expir Date (Mont Year)	le and ation	Title and Amount of Underlying Securities (Instr. 3 and 4)		Price of Deriv- ative Secur- ity (Instr.	5)
				 V			Date Exer- cisable	Expira- tion		Amount o Number o Shares		
Incentive Stock Options	\$19.2500		Α	V	10,200		3/1/00 (3)	2/18/10	Common Stock			
Nonqualified Stock Options	\$19.2500	2/18/00	Α	V	89,800		3/1/00 (5)	2/18/10	Common Stock	89,800		
Nonqualified Stock Options	\$12.0625	10/6/00	Α	V	150,000		10/6/00 (7)	10/6/10	Common Stock	150,000		
Incentive Stock Options	\$4.7084	12/22/00	М				3/1/97 (9)	3/3/07	Common Stock	•		
1. Title of Derivative Security (Instr. 3)	Security Derivative			Form Deri Secur Direc or Ir	rship of vative ity: ot (D) direct (I)		11. Nature of Indirect Beneficial Ownership (Instr. 4)					
Incentive Stock Options	10,20	00(4)			)							
			D									
Nonqualified Stock Options												
Incentive Stock Options				0								
Explanation of Responses:												

(1) Gift by Mr. Alsop to his wife. (2) Mr. Alsop disclaims beneficial ownership of such shares. (3) The options vest in equal monthly increments over a 60 month period commencing March 1, 2000. (4) On 12/31/00, options to purchase 1,700 shares were vested. (5) The options vest in equal monthly increments over a 60 month period commencing March 1, 2000. (6) On 12/31/00, options to purchase 14,967 shares were vested. (7) The options vest on the date of grant with respect to eight-sixtieths of the total amount, thereafter in equal monthly increments over a 52 month period commencing November 1, 2000. (8) On 12/31/00, options to purchase 25,000 shares were vested. (9) The option vests in equal monthly increments over a 60 month period commencing March 1, 1997. (10) On 12/31/00, 20,300 options were vested.

\*\*Signature of Reporting Person Date /s/ Joseph W. Alsop

Note. File three copies of this form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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1/9/01

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*\*</sup>Intentional misstatements or omissions of facts constitute Federal Criminal Violations. /s/ Joseph W. Alsop See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).