

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

() Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person
 Robertson, Norman R.
 P.O. Box 243
 Main Street
 Groton, MA 01450
 USA
2. Issuer Name and Ticker or Trading Symbol
 Progress Software Corporation
 PRGS
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year
 03-31-1999
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
 () Director () 10% Owner (X) Officer (give title below) () Other
 (specify below)
 Vice President, Finance and Chief Financial Officer
7. Individual or Joint/Group Filing (Check Applicable Line)
 (X) Form filed by One Reporting Person
 () Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D) Amount	5. Securities Acquired (A) or Disposed of (D) Price	6. Amount of Securities Beneficially Owned at End of Month	7. Director or Indirect Beneficial Ownership (D) or (I)	8. Nature of Indirect Beneficial Ownership
Common Stock	03/31/99	M	2,510	A \$9.4167			
Common Stock	03/31/99	M	2,510	D \$32.0000			
Common Stock	03/31/99	M	2,490	A \$10.4200			
Common Stock	03/31/99	M	2,490	D \$32.0000			
Common Stock	03/31/99	M	767	A \$10.4200			
Common Stock	03/31/99	M	767	D \$34.4375			
Common Stock	03/31/99	M	1,507	A \$9.0000			
Common Stock	03/31/99	M	1,507	D \$34.4375			
Common Stock	03/31/99	M	2,726	A \$13.0833			
Common Stock	03/31/99	M	2,726	D \$34.4375	1,955		

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Director or Indirect Beneficial Ownership (D) or (I)	11. Nature of Indirect Beneficial Ownership
Incentive Stock Option	\$9.4167	03/31/99	M	16	6/01/97 (1)/03/03/07	Common Stock 16		184 (2)	D	
Incentive Stock Option	\$10.4200	03/31/99	M	2,367	6/01/97 (31)/05/01/06	Common Stock 2,367		11,045 (4)	D	
Nonqualified Stock Option	\$9.0000	03/31/99	M	1,507	6/01/97 (5)/08/21/06	Common Stock 1,507		4,613 (6)	D	
Nonqualified Stock Option	\$9.4167	03/31/99	M	2,494	6/01/97 (1)/03/03/07	Common Stock 2,494		14,553 (8)	D	

ion		/99					97 (7 /07								

Nonqualified Stock Opt	\$10.4200	03/31	M		890		D 6/01/ 05/01	Common Stock	890			2,078 (10)	D		
ion		/99					97 (9 /06								

Nonqualified Stock Opt	\$13.0833	03/31	M		2,726		D 1/01/ 12/22	Common Stock	2,726			12,274 (12)	D		
ion		/99					98 (1 /07								

Nonqualified Stock Opt	\$25.6250	02/10	A		V 32,000		A 3/01/ 02/10	Common Stock	32,000			32,000 (14)	D		
ion		/99					99 (1 /09								

Explanation of Responses:

- (1) The option vests in equal monthly increments over a 57 month period commencing June 1, 1997.
- (2) On 4/1/99, options to purchase 5 shares were vested.
- (3) The option vests in equal monthly increments over a 48 month period commencing June 1, 1997.
- (4) On 4/1/99, options to purchase 789 shares were vested.
- (5) The option vests in equal monthly increments over a 45 month period commencing June 1, 1997.
- (6) On 4/1/99, options to purchase 330 shares were vested.
- (7) The option vests in equal monthly increments over a 57 month period commencing June 1, 1997.
- (8) On 4/1/99, options to purchase 416 shares were vested.
- (9) The option vests in equal monthly increments over a 48 month period commencing June 1, 1997.
- (10) On 4/1/99, options to purchase 149 shares were vested.
- (11) The option vests in equal monthly increments over a 60 month period commencing January 1, 1998.
- (12) On 4/1/99, options to purchase 1,274 shares were vested.
- (13) The option vests in equal monthly increments over a 60 month period commencing March 1, 1999.
- (14) On 4/1/99, options to purchase 1,066 shares were vested.

SIGNATURE OF REPORTING PERSON
 Norman R. Robertson
 DATE
 04/05/1999