FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SLIWKOWSKI PETER					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]										able)	g Perso	10% Ow Other (s	ner
(Last) 14 OAK P	(Firs	st) (f	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 11/15/2005								below) below) President, Real Time Division					
(Street) BEDFORI	O MA	ute) (2	1730 Zip)	n-Doris	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Clune) X Form filed by One Reportin Form filed by More than Or Person vative Securities Acquired, Disposed of, or Beneficially Owned							rting Person						
1. Title of Security (Instr. 3)			2. Trans	. Transaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Transaction Disposed Of Code (Instr. 5)		es Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amour Securities Beneficia Owned Fe	5. Amount of Securities Beneficially Owned Following		: Direct I Indirect I str. 4) (7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)			(Instr. 4)
Common Stock												1,2	1,276		D			
		7									osed of, o			Owned				
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Day	Date, Transactio			on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisal		Expiration Date	Title	Amount or Number of Shares					
Nonqualified Stock Options	\$30.81	11/15/2005			A		28,500		11/15/200	5 ⁽¹⁾	11/14/2012	Common Stock	28,500	\$30.81	28,500) ⁽²⁾	D	
Incentive Stock	\$30.81	11/15/2005			A		1,500		11/15/200	5 ⁽¹⁾	11/14/2012	Common Stock	1,500	\$30.81	1,500	(3)	D	

Explanation of Responses:

- 1. Nine-sixtieths of the option vests on the date of the grant, thereafter the option vests in equal monthly increments over a 51 month period commencing December 1, 2005.
- 2. As of November 15, 2005, options to purchase 4,275 shares were vested.
- 3. As of November 15, 2005, options to purchase 225 shares were vested.

Remarks:

Peter G. Sliwkowski

11/17/2005

directly

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.