FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENIT	NICES IN	I BENEEK IVI	

l	OMB APPRO	VAL					
	OMB Number:	3235-0287					
l	Estimated average burde	en					
l	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* SLIWKOWSKI PETER (Last) (First) (Middle) 14 OAK PARK					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS] 3. Date of Earliest Transaction (Month/Day/Year) 09/27/2004										Officer (give title Other			10% Ow Other (s below)	wner (specify	
(Street) BEDFORI	O MA	ate) (01730 Zip)	n-Deri	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Cline) X Form filed by One Report Form filed by More than O Person rivative Securities Acquired, Disposed of, or Beneficially Owned									rting Person						
1. Title of Security (Instr. 3)				Date	Transaction te onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		,	3. Transaction Code (Instr. 8)					5. Amoun Securities Beneficial Owned Fo	lly	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										Code	v	Amount	(A) (D)	or F	Price	Reported Transaction (Instr. 3 and	on(s) nd 4)			Instr. 4)
Common Stock															2,594			D		
		7	Table II - I									sed of, o				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (8)				Ex	Date Ex piration lonth/Da	n Date		7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Da Ex	ate kercisab	ıle	Expiration Date	Title	OI N Of	umber					
Nonqualified Stock Options	\$19.25	09/27/2004			A		2,600		09)/27/2004	4 ⁽¹⁾	09/26/2014	Commo	n Z	2,600	\$19.25	2,600 ⁰	(2)	D	
Incentive Stock	\$19.25	09/27/2004			A		22,400		09)/27/2004	4 ⁽¹⁾	09/26/2014	Commo	n 2	2,400	\$19.25	22,400)(3)	D	

Explanation of Responses:

- 1. Seven-sixtieths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 53 month period commencing October 1, 2004.
- 2. As of September 27, 2004, options to purchase 303 shares were vested.
- 3. As of September 27, 2004, options to purchase 2,613 shares were vested.

Remarks:

Peter G. Sliwkowski

09/29/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.