FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number: 3235-0104

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or occion o	o(ii) or the iii	vestment Company Act of 3	.540				
1. Name and Address of Reporting Person* Benson David A			2. Date of E (Month/Day 06/01/200		Statement		3. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]					
(Last) (First) (Middle) 14 OAK PARK DRIVE						Relationship of Reporting Person(s) to Issuer (Check all applicable) Dispeter Properties Properti		100/ 0		5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) BEDFORD	MA	01730				X	Director 10% Owner X Officer (give title below) Other (specify below) Sr. Vice President and CIO 6. Individual or Joint/Group Filing (Check X Form filed by One Reporting F Form filed by More than One I				e Reporting Person	
(City)	(State)	(Zip)										
				Table	I - Non-De	erivative S	Securities Beneficia	lly Owned				
1. Title of Security (Instr. 4)					2. Amount o (Instr. 4)	of Securities Beneficially (3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock						0		D				
							curities Beneficially options, convertible		5)			
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			ate	(Instr. 4) Exercise P of Derivativ			4. Conversion Exercise Prior of Derivative		6. Nature of Indirect Beneficial Ownership (Instr. 5)			
					Expiration Date	Title			Amount or Number of Shares	Security		

Explanation of Responses:

Remarks:

David A. Benson

** Signature of Reporting Person

06/04/2009

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER	ΩE	ATTORNEY	

POWER OF ATTORNET
Know all by these presents, that the undersigned hereby constitutes and appoints each of James D. Freedman, Senior Vice President and General Counsel of Progress Sol
1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Form 144 Notice of Proposition 1.
2. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Forms 3, 4 and 5 in acc
3. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 144, 3, 4 or 5 and
4. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in
The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or
This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3 and 5 with respect to file Forms 144, 3 and 5 with respect to file For
IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed this 4th, day of June, 2009.
/s/ David A. Benson
Signature Signature
David A. Benson
Print Name