FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| TIVE MENT | UE CHANGES | IN RENEEICIAL | OWNEDSH |
|-----------|------------|---------------|---------|

| l | OMB APPRO | VAL |
|---|-------------------------|-----------|
| | OMB Number: | 3235-0287 |
| l | Estimated average burde | en |
| l | hours per response: | 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Kane Charles Francis | | | | | PR | 2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [| | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
|--|---|------------|---|---|-------|---|----------|-----------|--|------|--------------------|---|--|---|---|---|--|---------------------------------------|
| (Last) 14 OAK P | Last) (First) (Middle) 4 OAK PARK | | | | 3. D | PRGS] 3. Date of Earliest Transaction (Month/Day/Year) 04/26/2007 | | | | | | | | _ | (give title | Other (spe | | |
| (Street) BEDFORI | O MA | | 1730 Zip) | | 4. If | Amer | dment, D | ate of | Original File | ed (| Month/Day/ | Line | S. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | ` | | le I - Non | -Deriv | ative | e Sec | curities | Aca | uired, Di | isp | osed of | , or Ben | eficiall [,] | / Owned | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D | | | action | action 2A. Deeme Execution Pay/Year) if any | | A. Deemed Execution Date, | | on tr. | 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | d (A) or | 5. Amoun Securities Beneficia Owned Fo | Form ly (D) o | Form: | vnership n: Direct r Indirect nstr. 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | | | Code V | | Amount | (A) or (D) Price | | Reported Transacti (Instr. 3 a | | | | (Instr. 4) |
| Common Stock 04/26/2 | | | | 2007 ⁽¹⁾ | | A | | 3,968(2) |) A | (2) | 3,968 | | | D | | | | |
| | | ٦ | able II - [| | | | | | ired, Dis options, | | | | | Owned | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | | 3A. Deemed Execution Diff any (Month/Day/ | Date, Transaction | | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4) | e s Illy | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) |
| | | | | Cod | Code | v | (A) | | Date Exercisable | | Expiration Date | Title | Amount or Number of Shares | | | | | |
| Nonqualified Stock | \$31.18 | 04/26/2007 | | | A | | 15,000 | | 04/26/2007 ⁽³ | 3) | 04/25/2014 | Common Stock | 15,000 | \$31.18 | 15,000 | (4) | D | |

Explanation of Responses:

- 1. Represents deferred stock units that are fully vested and non-forfeitable on date of grant.
- 2. Represents deferred stock units acquired by reporting person pursuant to the Company's 1997 Stock Incentive Plan that are payable on a 1 for 1 basis exclusively in stock when Reporting Person ceases to provide services to the Company as a director.
- 3. 5/60ths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 55 month period commencing May 1, 2007.
- 4. As of April 30, 2007, the option was vested with respect to 1,250 shares.

Remarks:

Charles F. Kane

04/30/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.