FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
l	houre por rosponso:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and BENTO	2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]											ck all applica	ationship of Reporting Pe c all applicable) Director Officer (give title below)			ner						
(Last) 14 OAK P	(Firs ARK	st) (M		3. Date of Earliest Transaction (Month/Day/Year) 09/27/2004										VP and Corporate Controller								
(Street) BEDFORI	O MA	\ 0	1730		4. If .	Ame	ndment, [Oate o	of Or	riginal F	-iled ((Month/Day	r/Year)		6. Ind Line)	Form fil	ed by One	Repo	10% Owner Other (specify below) ate Controller ling (Check Applicable deporting Person than One Reporting Tom: Direct (D) or Indirect (I) (Instr. 4) D of 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) D 11. No of Indirect (I) (Instr. 4) D of (Instr. 4)			
(City)	(Sta		Zip)	. Doris	rativo	. 50	ouritio	. ^^	~	irod	Dicr	ancod of	f or E	Pono	ficially	Owned						
Date					saction /Day/Yea	ar)	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (I 8)	ction	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			(A) or	5. Amour Securities Beneficia Owned F	s lly ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		Beneficial Ownership		
										Code	v	Amount	(A (D) or)	Price	Reported Transaction(s) (Instr. 3 and 4)				(instr. 4)		
Common S	tock															12,	956		D			
		Т										sed of, onvertib				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)			6. Date Exercisa Expiration Date (Month/Day/Yea				7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	ly	Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Dat Exe			Expiration Date	0 N 0		Amount or Number of Shares							
Nonqualified Stock Options	\$19.25	09/27/2004			A		9,700		09/	/27/2004	1 (1)	09/26/2014	Comn		9,700	\$19.25	9,700 ⁽	2)	D			
Incentive Stock	\$19.25	09/27/2004			A		7,800		09/	/27/2004	1 (1)	09/26/2014	Comn		7,800	\$19.25	7,800 ⁽	3)	D			

Explanation of Responses:

- 1. Seven-sixtieths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 53 month period commencing October 1, 2004.
- 2. As of September 27, 2004, options to purchase 1,131 shares were vested.
- 3. As of September 27, 2004, options to purchase 910 shares were vested.

Remarks:

David H. Benton, Jr.

09/29/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.