FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

_	Check this box if no longer subject to Section 16.
-1	Form 4 or Form 5 obligations may continue. See
_	Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Name and Address of Reporting Person* Jarrett Loren					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
													X	Officer (give t	itle below)	Other (sp	ecify below)	
(Last)	Ī	Date of Earliest Transaction (Month/Day/Year)									EVP & GM Developer Tools								
C/O PROGRESS SOFTWARE CORPORATION						05/16/2022										•			
15 WAYSIDE ROAD, SUITE 400																			
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individ	6. Individual or Joint/Group Filing (Check Applicable Line)					
BURLINGTON MA 01803														X Form filed by One Reporting Person					
DURLINGTON WA 01003															Form filed by More than One Reporting Person				
(City)	(State)	(Zip	o)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Da							3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Dispos (D) (Instr. 3, 4 and 5)			isposed Of	Beneficially Owner Following Reporte		Direct (D) or		7. Nature of Indirect Beneficial				
					(Month/Day/Year)					Price	Transaction(s) (Instr. 3 and 4)		,,,,,		Ownership (Instr. 4)				
Common Stock				0	5/16/2022			S ⁽¹⁾		4,5	98	D	\$46.99	22,586	5				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)			nsaction (Instr. 8)	Acquired (Number of rivative Securities quired (A) or sposed of (D) str. 3, 4 and 5)		6. Date Exercisate Expiration Date (Month/Day/Year)		Underlying Derivative Sec			8. Price of Derivative Security (Instr. 5)	9. Numb derivati Securiti Benefic Owned Followin	ve es ially	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Cocurity			Code	ode V (A)		(D)	Date Exercisa		Expiration Date		Title Ar		Report		ed ction(s)			

Explanation of Responses:

1. The trading activity reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on February 14, 2022.

Remarks:

Anthony Folger, Attorney-in-Fact

05/18/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Anthony Folger, Chief Financial Officer of Progress Software

- 1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company
- 2. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company
- 3. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any sucl
- 4. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of I The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever:

 This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 144, 3, 4 and 5 with re

 IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed this 4th day of April, 2022.

_/s/ Loren Jarrett Signature

Loren Jarrett Print Name