FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

l	OMB APPRO	VAL
l	OMB Number:	3235-0287
l	Estimated average burde	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner										
(Last)	(Last) (First) (Middle) 14 OAK PARK					PRGS] 3. Date of Earliest Transaction (Month/Day/Year) 10/15/2008								X	Officer below)	(give title	d Dire	10% Owner Other (specify below) Director		
(Street) BEDFORD MA 01730					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Ind Line)	X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	itate)	(Zip)												Person					
		Tal	ole I - Non	-Deriva	ative	e Se	curitie	s Acc	quired,	Dis	posed o	f, or Be	nefi	icially	Owned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year		Transaction Dispo		Disposed	ies Acquiro Of (D) (Ins	ed (A str. 3,) or 4 and	5. Amour Securitie Beneficia Owned F Reported	es Fo ally (D) Following (I)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) oi (D)	r F	Price	Transacti (Instr. 3 a	tion(s)			(111501.4)	
Common	Stock														429	,123	B D			
			Table II - I (osed of, onvertib				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deemed Execution Da if any (Month/Day/\)	ate, Tr	ansac		of E		5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Ow For Oir Or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode	v	(A)		Date Exercisab		Expiration Date	Title	or Nu of	nount imber ares						
Stock Options	\$19.51	10/15/2008			A		87,500		10/15/2008	3(1)	10/14/2015	Common Stock	87	7,500	\$0	87,500	(2)	D		

Explanation of Responses:

- 1. Eight -sixtieths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 52 month period commencing November 1, 2008.
- 2. As of October 15, 2008, options to purchase 11,666 shares were vested.

Remarks:

<u>Joseph W. Alsop</u> <u>10/17/2008</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.