FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours ner resnonse:	0.5							

Check this box if no longer subject to Section 16 Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Name and Address of Reporting Person*     Ainsworth John					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [ PRGS ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director     10% Owner					
(Last) C/O PROGRESS SOI 15 WAYSIDE ROAD		3. Date of Earliest Transaction (Month/Day/Year) 10/03/2022									X Officer (give title below) Other (specify below)  EVP, Enterprise App Exper.								
(Street) BURLINGTON (City)	MA (State)	01 (Zi	803	4	4. If Amendment, Date of Original Filed (Month/Day/Year)									ndividual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
			Table I -	Non-D	erivativ	e Secur	ities Acc	quired, D	isp	osed of	f, or Be	neficially	Owned						
1. Title of Security (Instr. 3)			Date	2. Transaction Date (Month/Day/Year)		emed tion Date,	3. Transaction Code (Instr. 8) 4. Securities Acquire (D) (Instr. 3, 4 and 5)		ired (A) or Di 5)	sposed Of	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial				
							/Day/Year)	Code V	,	Amount		(A) or (D)	Price	Transaction(s) (Instr and 4)		·		Ownership (Instr. 4)	
Common Stock			10/	/03/2022	2		M		742		A	<b>\$0</b> <sup>(1)</sup>	33,563			D			
Common Stock			10/	/03/2022	022		F		330(2)		D	\$42.805	33,233			D			
Common Stock			10/	/03/2022	/2022		M		939		A	<b>\$0</b> <sup>(1)</sup>	34,172			D			
Common Stock				10/	10/03/2022		F		417(3)		D	\$42.805	33,755			D			
Common Stock				10/	10/03/2022		M		1,124		A	<b>\$0</b> <sup>(1)</sup>	34,879		D				
Common Stock				10/	/03/2022			F		499 <sup>(4)</sup> D \$		\$42.805	34,380			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ise (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisab Expiration Date (Month/Day/Year)		Underlying Derivative Sec			8. Price of Derivative Security (Instr. 5)	9. Numb derivati Securiti Benefic Owned Followin	ive ies cially	10. Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisabl		xpiration late	Title		Amount or Number of Shares		Reporte Transac (Instr. 4	ed ction(s)			
Restricted Stock Units	(1)	10/03/2022		M			742	(5)		(5)	(5) Common Stock		742	\$0	\$0 74		D		
Restricted Stock Units	(1)	10/03/2022		M			939	(6)		(6) Common Stock		939	\$0	2,817		D			
Restricted Stock Units	(1)	10/03/2022		M			1,124	(7)	Τ	(7) Cor		Common Stock		\$0	5,620		D		

#### Explanation of Responses:

- 1. Restricted stock units convert into common stock on a one-for-one basis.
- 2. Represents shares of common stock withheld by Progress Software Corporation (the "Company") to pay the tax withholding obligations of the Reporting Person upon the vesting of restricted stock units granted to the Reporting Person on January 21, 2020.
- 3. Represents shares of common stock withheld by the Company to pay the tax withholding obligations of the Reporting Person upon the vesting of restricted stock units granted to the Reporting Person on January 19, 2021.
- 4. Represents shares of common stock withheld by the Company to pay the tax withholding obligations of the Reporting Person upon the vesting of restricted stock units granted to the Reporting Person on January 20, 2022.
- 5. On January 21, 2020, the Reporting Person was granted 4,453 restricted stock units pursuant to the Company's 2008 Stock Option and Incentive Plan. The restricted stock units vest in six equal semiannual installments beginning October 1, 2020, subject to the continued employment of the Reporting Person with the Company.
- 6. On January 19, 2021, the Reporting Person was granted 5,634 restricted stock units pursuant to the Company's 2008 Stock Option and Incentive Plan. The restricted stock units vest in six equal semiannual installments beginning October 1, 2021, subject to the continued employment of the Reporting Person with the Company.
- 7. On January 20, 2022, the Reporting Person was granted 6,744 restricted stock units pursuant to the Company's 2008 Stock Option and Incentive Plan. The restricted stock units vest in six equal semiannual installments beginning October 1, 2022, subject to the continued employment of the Reporting Person with the Company.

# Remarks:

YuFan Stephanie Wang, Attorney-in-Fact 10/05/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

### POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints YuFan Stephanie Wang, Acting Chief Legal Officer of Progress:

- 1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company
- 2. do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such
- 3. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of I The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever:

  This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file such Forms with respect to the IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed on June 28, 2022.

\_ /s/ John Ainsworth Signature

John Ainsworth Print Name