FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* IRELAND DAVID G					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]									(Chec	ationship of k all applica Director Officer (able)) Perso	on(s) to Issu 10% Ow Other (s)	ner
(Last) (First) (Middle) 14 OAK PARK				3. Date of Earliest Transaction (Month/Day/Year) 11/15/2005									X	below)		nEdg	below) e Division		
(Street) BEDFORI (City)	O MA		1730 Lip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Dat			Date (Month/Day/Year)		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.) 8) 4. Securities Acqui Disposed Of (D) (In 5)					5. Amount of Securities Beneficially Owner following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	(A) or (D) Price		Reported Transaction (Instr. 3 and	ction(s)			(Instr. 4)	
Common Stock											T		20,236			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Conversion Date Executity Or Exercise (Month/Day/Year) if any		3A. Deemed Execution I if any (Month/Day	Date, Transaction			n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amo or Num of Sha	ber					
Nonqualified Stock	\$30.81	11/15/2005			A		54,000		11/15/200	5(1)	11/14/2012	Common	54,	000	\$30.81	54,000	(2)	D	

Explanation of Responses:

- 1. Nine-sixtieths of the option vests on the date of the grant, thereafter the option vests in equal monthly increments over a 51 month period commencing December 1, 2005.
- 2. As of 11/15/05, options to purchase 8100 shares were vested.

Remarks:

David G. Ireland

11/17/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.