

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

() Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person
 Bergantino, Jennifer J.
 851 Emerson Gardens Road
 Lexington, MA 02173
 USA
2. Issuer Name and Ticker or Trading Symbol
 Progress Software Corporation
 PRGS
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year
 June 1998
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
 () Director () 10% Owner (X) Officer (give title below) () Other
 (specify below)
 Vice President, Marketing and Strategic Planning
7. Individual or Joint/Group Filing (Check Applicable Line)
 (X) Form filed by One Reporting Person
 () Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D)		5. Amount of Securities Beneficially Owned at End of Month	6. Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Amount	A/D			
Common Stock	06/26/98	M	23,334	A	\$13.50		
Common Stock	06/26/98	M	5,120	A	\$14.125		
Common Stock	06/26/98	S	28,454	D	\$39.9375	0	

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Nonqualified Stock Option	\$13.50	06/26/98	M	23,334	D 03/01/96 08/01/06	Common Stock 23,334		26,666 (2)	D	
Nonqualified Stock Option	\$14.125	06/26/98	M	5,120	D 03/01/97 03/03/07	Common Stock 5,120		14,080 (4)	D	

Explanation of Responses:
 (1) Options vest in equal monthly increments over a 60 month period commencing March 1, 1996.
 (2) On 6/30/98, options to purchase 0 shares were vested.
 (3) Options vest in equal monthly increments over a 60 month period commencing March 1, 1997.
 (4) On 6/30/98, options to purchase 0 shares were vested.

SIGNATURE OF REPORTING PERSON
 Jennifer Bergantino
 DATE
 July 7, 1998