

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

() Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Robertson, Norman R.
14 Oak Park
Bedford, MA 01730
USA

2. Issuer Name and Ticker or Trading Symbol

Progress Software Corporation
PRGS

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

09/30/1999

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

() Director () 10% Owner (X) Officer (give title below) () Other (specify below)

Vice President, Finance and Chief Financial Officer

7. Individual or Joint/Group Filing (Check Applicable Line)

(X) Form filed by One Reporting Person

() Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D) Amount	5. Amount of Securities Beneficially Owned at End of Month	6. Dir (D) or Indir (I)	7. Nature of Indirect Beneficial Ownership
Common Stock	09/17/1999	M	439	A \$10.4200		
Common Stock	09/17/1999	S	439	D \$34.0000		
Common Stock	09/17/1999	M	1,247	A \$9.4167		
Common Stock	09/17/1999	S	1,247	D \$34.0000		
Common Stock	09/17/1999	M	2,524	A \$13.0833		
Common Stock	09/17/1999	S	2,524	D \$34.0000		
Common Stock	09/17/1999	M	790	A \$14.4167		
Common Stock	09/17/1999	S	790	D \$34.0000		
Common Stock	09/29/1999	M	8,300	A \$10.4200	10,255	D

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Dir (D) or Indir (I)	11. Nature of Indirect Beneficial Ownership
Nonqualified Stock Option	\$10.4200	09/17/1999	M	439	06/01/97 (1/06/01)	Common Stock		0		
Nonqualified Stock Option	\$9.4167	09/17/1999	M	1,247	06/01/97 (1/07/03)	Common Stock	1,247	12,058 (3)	D	
Nonqualified Stock Option	\$13.0833	09/17/1999	M	2,524	01/01/98 (1/07/22)	Common Stock	2,524	9,750 (5)	D	
Nonqualified Stock Option	\$14.4167	09/17/1999	M	790	03/01/98 (1/08/02)	Common Stock	790	56,210 (7)	D	
Incentive Stock Option	\$10.4200	09/29/1999	M	8,300	06/01/05 (05/01/06)	Common Stock	8,300	2,745 (9)	D	

